



Volume 15

Number 5

September - October 2003

PREZ SEZ

Hi everyone. I hope this month finds everyone in good shape or getting better. We have had some in the last two or three months who have had serious problems. Those of whom I am aware seem to be on the way back to their previous good condition and in a couple cases may be even better. I do not think that they would, however, recommend their method of improvement to everyone.

We had a pretty good group at our July meeting and I think all those who attended enjoyed the speaker and the personal experiences he shared with us. His time with the Secret Service and his work with some of the well known celebrities of "our generation" was certainly interesting to me. Our next meeting is only a couple of weeks away. I hope you have September 8 marked on your calendar and that you are making plans to attend. If transportation to the meeting is a problem for you, please call a friend. I'm sure they will be glad to swing by and give you a ride. Give me a call if you need help.

See you in September.

— Warren Glover

SEPTEMBER PROGRAM

Here Comes the Chief

Our meeting this month will be on Monday, September 8 in room 130, Inverness Building 42, Board meets at 11 am, lunch (on your own) in the Food Court, 12 noon, Membership Meeting at 1 pm. The speaker will be W.C. Gibson, former City of Irondale Chief of Police.

In his growing up years, W.C. "Wally" Gibson attended Shades Valley High School, Marion Military Institute, the University of Alabama at both Tuscaloosa and Birmingham (UAB). He holds a Bachelor of Science Degree in Criminal Justice.

Wally Gibson served in the U.S. Army and attained the rank of Staff Sergeant, E6. He served in Vietnam in both the 1st Infantry Division and the Americal Division. In recognition for his performance under fire he was awarded the Bronze Star as well as several other awards.

Wally was employed by the Jefferson County Sheriff's Department for 14 years during which he served in some capacity in every division in the Department. For 11 of those 14 years he was a supervisor. In 1985 Mr. Gibson was hired by the City of Irondale to be their Police Chief. He served in that position for the next 17 years until his retirement in 2002.

So, Here Comes the Chief with some interesting true life stories of events in the life of a Police Chief of a city within a city, Irondale, Alabama. For sure you will not want to miss this meeting's speaker. Come and enjoy the fellowship and refreshments with your fellow retirees. Better yet come for lunch. More and more retirees are coming to the company food court before the meeting to sit around the tables, have a bit to eat and enjoy each other's company. See you there!!!

— Jay Dorrance

A good example is like a bell that calls many to church.

— Danish proverb

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**LOOKING AHEAD
Upcoming Programs**

Our next meeting will be our annual meeting and will again be at the Vestavia Country Club. Please note that it will be on a **Wednesday** instead of the usual Monday. The date is November 12. Mark your calendar now. For your entertainment our speaker will be the much sought after Mr. Ken Jackson. He is a nationally recognized professional speaker and frequently donates his time as a speaker, emcee and auctioneer to various non-profit organizations such as our own SCS RETIREES.

December 17, 1903, marked the first successful flight of a heavier-than-air mechanically propelled airplane by Orville and Wilbur Wright. Our January 12, 2004, program will recognize the 100th anniversary of that flight with a program "The History of Flight," presented by our own Wayne Walton.

— Jay Dorrance

BIRTHDAYS

The time you enjoy wasting is not wasted time.

For September: 1 - James Welch, 2 - Jane Freeman, 8 - Alfred Mikell, 10 - Rod Wildman, 11 - Bill Ponder, 12 - Sue Hassell, 13 - Carol Yeager, 15 - Philip Douglas, 16 - Bob Gilbert, 17 - Michael Zyne, 19 - Claradel Holcombe and Dewey Yeager, 26 - Liz Winter, 30 - Martha Dorrance and Jerry Vandegrift.

For October: 6 - Helen Brothers, 7 - Lillie Mae Hargett, 9 - Doris Douglas, 12 - Janice Thies, 19 - Bonnie Russell, 27 - William Harrison and Grace Kyser, 28 - Monroe Smith and Bill Wright.

So we have grown old; it happens to the best of us. Lord knows we are not getting any younger. Have a Happy Birthday everyone!

— Jay

**SCS RETIREE LEADERSHIP
FOR 2003**

Officers	
President	Warren Glover 822-5753
Vice President	Brooks Young 833-7310
Secretary	Pat Moore 979-3353
Treasurer	Henry Garrett 853-6079
Directors	
Buddy Coggin	785-5992
Don Jackson	680-9125
Elliene Jackson	680-9125
J.D.Narramore	629-7075
Sid Varagona	942-5047
Carol Williams Yeager	822-5506
Charles Hickman (ex-officio)	823-4597
Committee Chairpersons	
Arrangements	Dora Brandt 956-0502
Audit	George Burson 681-7882
Fellowship	
Finance	Tom Steele 836-1904
Membership	Gene Kachelhofer 991-8604
Newsletter	Dan & Myrna Wise 942-2336
Nominating	Jerry Vandegrif 967-3672
Program	Jay Dorrance 663-2828
Sunshine	Nell King 822-7562

OBITUARIES

In Memoriam

Robert "Pat" McDonald of Birmingham passed away on Sunday, May 25, 2003. He was 75. A graduate of U.S. Naval Academy (Annapolis) and the Submarine School at Groton, Connecticut, he also attended George Washington University where he earned a degree in International Relations and is a graduate of the National War College. Mr. McDonald served in both the Korean conflict and the Vietnam War and was on board the nuclear submarine the USS Triton when it made its famed, first ever circumnavigation of the globe. He retired from the Navy with the rank of Captain after 26 years of service. He served as Executive Vice President at both Alabama and Georgia Power Companies before becoming the first President and CEO of Southern Nuclear Company the Southern Company from which he was a retiree.

Mr. McDonald is survived by his wife of 49 years, Patty McDonald, a daughter Patty Lee McDonald, two sisters, a niece and a nephew.

A private service was held for his family.

Dr. Warren M. Andrews of Indian Springs Village died on Thursday, June 19, 2003. He was 71. He earned a BS in Engineering Physics from Auburn University, a MS in Physics from Vanderbilt University, another Masters Degree and a Ph.D in Nuclear Engineering from the University of California - Berkeley. Mr. Andrews was employed by Southern Nuclear as the manager of Pressurized Water Reactor Core Analysis overseeing both the Farley and Vogtle Nuclear Plants. He retired after 26 years of service.

Survivors include his wife, Lynn Martin Hobbie Andrews, two daughters, Elizabeth-Lee Lawley and Lynn Martin-Hobbie Andrews, a son-in-law Carlton Lawley, a brother John and his wife Ellen, a niece and a nephew.

Funeral services were held on Sunday, June 22 at 2:30 pm at Church of the Ascension in Montgomery, Alabama, the city where Mr. Andrews was born and raised.

William H. Manly, of Mountain Brook, died Thursday, June 26, 2003. He was 79. A WWII Army veteran Mr. Manly served in the Field Artillery and the Army Air Corps from 1943 to 1946.

A memorial service was held on Monday, June 30 at 10 am at the Mountain Brook Baptist Church where Mr. Manly had been a long time member.

Survivors: wife, Martha Scales Manly, a son, William (Lisa); a daughter, Camilla Manly Tracy and five grandchildren.

Erskine R. Bentley of Columbiana passed away at a local hospital on Monday, July 21, 2003. He was 69. A funeral service for him was held at the Bolton Brown Service Funeral Home Chapel at 10 am on Wednesday, July 23 followed by burial in Pinelawn Gardens.

Mr. Bentley was born in Columbiana, where he was a member of the First Baptist Church. He served in the U.S. Army. He retired In July 1989 with 31 years of combined service between Alabama Power Company and SCS.

He is survived by his son Erskine Ramsey Bentley, Jr. and his wife, Staci and a grandson, Caleb all of Clarksville, Tennessee. Also four sisters.

Condolences

SCS Retirees wish to express their most sincere sympathy to SCS Retiree **James Welch** and his family of Hanceville, Alabama, in the death of his wife Martha, who passed away Saturday, July 26, 2003. She was 70.

— Jay Dorrance

TREASURER'S REPORT

Income from dues stands at \$2,274.00 and a donation of \$18.00 from a member remained the same as stated in our last report however we had an interest payment of \$43.28 from the Credit Union account from this past quarter so our total income now stands at \$2,379.86 for this reporting period.

Our total expenses to date are \$498.03, which includes \$125.19 for Arrangements (regular meetings), \$178.90 for Arrangements (July

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meeting), \$105.00 for Contingencies, \$63.94 for the Program Committee and \$25.00 for the Sunshine Committee. This leaves us a balance of \$1,881.83 to see us through the 2003 year.

— Henry Garrett

SUNSHINE REPORT

Pat Moore had surgery for 5 by-passes Thursday, July 10, after having pain walking. She had an arteriogram before being sent to surgery. She went home yesterday, July 15, and is doing well. She is at 3471 Loch Ridge Trail, Birmingham, AL 35216, 979-3353.

Liz Winter's husband, Bob, is at home with osteo nargrosis. He is to be on either crutches or wheel chair for a month with his knee. He is having therapy and hoping to improve with that. He can be reached at 2357 Farley Terrace, Birmingham, AL 35226, 822-6142.

Margaret Carter is having knee replacement surgery August 20, at St. Vincent's Hospital. The surgery will be outpatient. Hopefully Margaret will have a speedy recovery with little pain.

Helen Brothers has been running a low grade fever and even though tests have been run, they are unable to pinpoint the problem. She continues to have therapy at home. Please remember Glen and Helen in your prayers.

I also learned that Paul Edmunds (Tracy Edmunds husband—she still works for Southern Nuclear) has had by-pass surgery and is at home. He is age 50. Thought you might have worked with her and would be interested.

Please be sure to let us know of any illness or death that you are aware of so that we can keep our membership informed.

— Nell King

It is not our abilities that show what we really are; it is our choices.

— **Prof. Dumbledore**
Harry Potter and the Chamber of Secrets

PHOTO KEY Who's Who?

Dora Brandt took pictures with her digital camera at the annual picnic at the Pelham Civic Center. We have included a page of those pictures in this issue. And we have also identified, to the best of our ability who is in each picture. The numbers with each set of names correspond to the numbers themselves.

1. Bennie Williams, John Plaxco, Nell and Lee Wetzel
2. Tom and Ann Robinson
3. Corinne and Bob Hart, Ann Garrett
4. Lynn Williams (SoCo Liaison), John Hall, Fred Ehrensperger, Norma Jean Johnston
5. John Troha, Murphey and Sandra Mostellar
6. Smokey Ferguson, Don Mansfield, Tommy Sanford, Betty Hendricks
7. Pat Bowman, Junion Davis (guest speaker), Sam Bowman
8. Walt Stokely, Lynn and Marianne Meredith
9. Mary Ann Glover, Thelma Walker, Judy Coggin

If we have misspelled anyone's name, we apologize. It was unintentional and out of ignorance.

You are also reminded that more pictures from the picnic, links to useful Websites and back issues of Outside are available at the SCS Retirees Website, www.scsretirees.com.

JULY MEETING ATTENDANCE

Dora and Jay were both kind enough to report that the attendance at the July meeting was 50 members and spouses.

Always put off until tomorrow what you shouldn't do at all.

— Morris Mandel

MOSQUITO REMEDY

Pass this on to anyone who likes sitting out in the evening or when they're having a cook out. So you don't like those pesky mosquitoes, especially now that they have the potential to carry the West Nile Virus? Here's a tip that was given at a recent gardening forum [and passed along to your editor via e-mail].

Put some water in a white dinner plate and add a couple drops of Lemon Fresh Joy dish detergent. Set the dish on your porch, patio, or other outdoor area. Not sure what attracts them, the lemon smell, the white plate color, or what, but mosquitoes flock to it, and drop dead shortly after drinking the Lemon Fresh Joy/water mixture, and usually within about 10 feet of the plate. Check this out---it works just super! May seem trivial, but it may help control mosquitoes around your home, especially in the South and elsewhere where the West Nile virus is reaching epidemic proportions in mosquitoes, birds, and humans.

I passed this along to an e-mail buddy in Chicago and he sent back a note that this also works well with wasps if you add a little sugar syrup to the water.

— DEW

DREADING OLD AGE

I have always dreaded old age. I cannot imagine anything worse than being old... How awful it must be to have nothing to do all day long but stare at the walls or watch TV. So last week, when the President suggested we all cheer up a senior citizen, I decided to do just that. I would call on my new neighbor, an elderly retired gentleman, recently widowed, and who, I presumed, had moved in with his married daughter because he was too old to take care of himself.

So I baked a batch of cookies, and, without bothering to call (some old people cannot hear the phone), I went off to brighten this old guy's day. When I rang the doorbell this "old guy" came to the

door dressed in tennis shorts and a polo shirt, looking about as ancient and decrepit as Donny Osmond. "I'm sorry I can't invite you in," he said when I introduced myself, "but I'm due at the Racquet Club at two. I'm playing in the semifinals today."

"Oh that's all right," I said. "I baked you some cookies..."

"Great!" he interrupted, snatching the box. "Just what I need for bridge club tomorrow! Thanks so much!"

I continued, "...and just thought we'd visit a while. But that's okay! I'll just trot across the street and call on Granny Grady."

"Don't bother," he said. "Gran's not home; I know. I just called to remind her of our date to go dancing tonight. She may be at the beauty shop. She mentioned at breakfast (at which house?!) that she had an appointment for a tint job."

So I went home and called my Mother's cousin (age 83); she was in the hospital--working in the gift shop.

I called my aunt (age 74); she was on vacation--in China.

I called my husband's uncle (age 79). I forgot; he was on his honeymoon.

I still dread old age, now more than ever.

I just don't think I'm up to it.

— Internet Anonymous

MAKING IT SPECIAL

Many housewives add a little something unexpected to a routine recipe to alter the flavor and make the dish more attractive to their family. Here are some hints from the *Taste of Home* on-line newsletter.

WANT TO turn ho-hum foods into dishes that'll have family members asking for more? Take a look at the special ingredients suggested by some of our readers:

Super Soup. "I add a tablespoon or two of vinegar to a batch of my beef barley soup," says Joy

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B. of Cincinnati, Ohio. "It gives the flavor a little zing."

Turkey soup picks up sweetness without sugar and a nice golden color when Genice V. of Milwaukie, Oregon stirs in a grated raw beet.

Marvelous Main Dishes. "When I make a pork roast, I season the top with salt and pepper, then liberally sprinkle on ground cinnamon," explains Leane T. of West Allis, Wisconsin.

Debbie W. writes from her Nampa, Idaho kitchen, "In lasagna recipes that call for ground beef, I use ground Italian sausage instead. Guests prefer mine to the lasagna served in many Italian restaurants."

Recommends Mildred B. of Sylvania, Ohio, "Make barbecued beef sandwiches using your own recipe, but top them with a combination of shredded lettuce, slivers of green pepper and a sprinkling of sugar."

For a nice thick pot of chili, Kara K. of Kalamazoo, Michigan mixes in a can of refried beans. "No one seems to notice my 'secret', but they sure enjoy the extra-hearty chili," she says.

A FEW GOOD BOOKS I RECOMMEND

(What a novel idea!)

The Lion Attacked,
Claude Yarmoff

How to Write Big Books,
Warren Peace

The Art of Archery,
Beau N. Arrow

Songs for Children,
Barbara Blacksheep

Irish Heart Surgery,
Angie O'Plasty

Split Personalities,
Jacqueline Hyde

— Internet Anonymous

SCS RETIREES

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