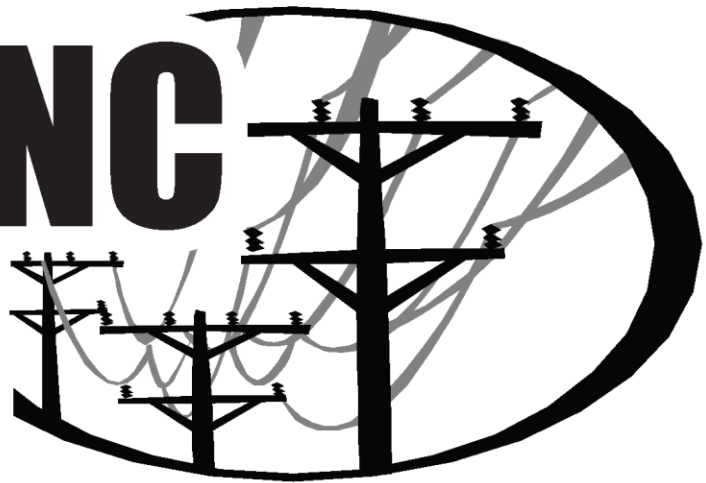


# SCS/SNC OUTSIDE



---

Volume 35, November - December 2023 No. 6

---

## Word from the editor:

Remember that this is your newsletter. Make sure information you have that is relevant to all gets to me to be included in the newsletter.

## Prez Sez:

I hope all is well with our members and their families as the summer wanes and the welcome cooler temperatures of fall arrive. Thanksgiving and Christmas are just around the corner, and this is a great time to get together with family and friends to celebrate! Enjoy this time.

We had a great turnout at our September meeting at Sloss Furnaces. What a great venue. The group enjoyed music by Jay and the Elders, ate lunch provided by Full Moon Barbeque and received a tour of the museum and grounds. Our Keynote speaker, Cindy Freeman of Alabama Power's Health and Well Being group, returned this year to field questions on SoCo retiree benefits. Hope you were able to make it.

We are gearing up for the holiday season. The final event for 2023 is our Holiday Lunch at the Vestavia Hills Country Club. It will be held on **Wednesday, November 15<sup>th</sup>**, so be certain to mark your calendars! In the last newsletter, I

discussed our selection process for three 2023 Charitable Organization recipients. The committee has done its work, and we will hear a short speech from each of this year's recipients. At this meeting the proposed 2024 Officers and Board Members will be announced and approval sought from the retiree group.

As in the past, there is a charge of \$20 for each member or guest to help cover the cost of the luncheon. You can still pay by check if you prefer, but we will also offer the option of paying electronically by credit or debit card on our web page (<http://scsretrees.com>). Please join us and bring a friend. This is a great opportunity to socialize with fellow retirees and guests.

It's been an honor to work with the group's 2023 Leadership team. I would like to thank each of them for their contributions and for making the retiree group a success. I also ask all retirees to provide feedback throughout the year in an effort to make the retiree group even better.

I hope to see you at Vestavia Hills Country Club on November 15th!

**Ken McElroy**

Want to keep up with what's happening? Got a computer? Visit the SCS Retiree Website  
<http://www.scsretirees.com>

**SCS OUTSIDE**  
*November - December, 2023*



*Celebrate*

**NOVEMBER - DECEMBER SCS/SNC MEMBERS' BIRTHDAY LIST**

**November Birthdays:**

1 Christie Whaley  
2 Billy Ely  
2 Charlotte Graham  
2 Lynne Madison  
3 Susan Evely  
3 Wanda Manning  
3 Rosalou Maxwell  
4 Michael W. Horton  
4 Reese Ponder  
5 Skeet Edmonson  
5 Jeanne Nelson  
5 James C. Thompson, Jr.  
7 Nan Altizer  
7 Allison Lee  
7 Betty Ponder  
7 Jennifer Ricketts  
7 Linda Sanders  
7 Reiko Taylor  
10 Joe Coker  
10 Dennis Kendrick  
10 Mary Harriet Patton  
11 Meg Fowler  
12 Thomas Sanford  
12 Ron Summers  
14 Dora Brandt  
15 Robert Crawford  
15 Lamar Larrimore  
16 Harry Jones  
18 Sherry Baldone  
18 Theresa Burns  
18 Dale Evely  
18 Beverly Lisenby  
19 Charles Cantrell  
19 Sharon Jones  
19 Billy Walker  
20 John Ives

**November Birthdays (Cont'd):**

22 Carl Logan  
22 Phoebe Zandi  
23 James Shivers  
24 Jo Ann Hollis  
25 Michael Belford  
25 Gary Daugherty  
26 Trudy Strain  
28 Noel Chambless  
28 Tom Greene, Jr.  
28 Dot Legg  
30 Martha Gail Pugh  
30 Sondra Smaha

**December Birthdays:**

1 John Edmundson  
2 James Alldredge Jr.  
2 Jo Ellen Ives  
4 Anne Crawford  
5 Terry Hatcher  
6 Betty Shivers  
7 Merian Black  
8 Mark Stevens  
9 Kelly Falletta  
9 James Mike Reed  
11 Lynda Bartlett  
11 Kathy Porteous  
11 Debra Taylor  
13 Dan Javorka  
13 Benjamin Pilleteri  
13 Jane Wood  
14 Doyle Crews  
14 Dean Drinkard  
15 Becky Cheatwood  
16 Phyllis Hurst  
16 Ted McGill, Jr.

**SCS OUTSIDE**  
November - December, 2023



**December Birthdays (Cont'd):**

- 17 Bill Norton
- 18 James Bailey
- 18 Marc Butts
- 19 Patsy Evans
- 19 Bradley Long
- 20 Pat Moore
- 20 Christel Purinton
- 20 Linda Rooker
- 20 Teresa Sampson
- 20 Shireen Thomas
- 20 Robyn Williams
- 21 Debbie Dulion
- 22 Joan Brooks
- 22 Mary Lou Knight
- 23 Richard Chastain
- 23 Malcolm Garner
- 24 Wayne Moore
- 25 Tallulah DeMarco
- 25 Hans Erbskorn
- 25 Phillip W. Garrett
- 26 Peggy Byars
- 26 Mary Dean Shelton
- 26 Kenneth Sransky
- 27 Mary Willis
- 27 Charlene Yates
- 28 Deborah Hostetter
- 29 Kathy Dawkins
- 29 Gary Lofthus
- 29 Penny Manuel
- 30 Lucille Belford
- 30 Sandi Boylan
- 31 Eleanor Connor
- 31 Joseph Elliott
- 31 Dave Lisenby



**FROM FAMILY & FRIENDS**

**For our donation to the Michael J Fox Foundation in Jay Whitt's honor:**

“Oh, what a blessing !!!! We don't know how to thank y'all enough for your love and compassion, but please know how very much that means to both of us. People like you fill our hearts with such JOY! Thank you again.

**Jay and Sabre Whitt**



## OBITUARIES

**Bill Brasher, (Southern Company)**, age 82, passed away on September 26, 2023. He was preceded in death by his father and mother, B. G. and Myrtle Brasher, his brothers Gilbert Brasher and Charles Brasher, his son Gerry Brasher, his wife, Pat Brasher, and his grandson Solon Brasher. He is survived by his brother Curtis Brasher, his son Billy Brasher Jr. [Karri], his daughter Barri Burnett, and his son Chris Brasher [Mindy]; his grandchildren, Brian Brooks [Melanie], Brooke Ashcraft [Josh], Brent Burnett, Mary Coots [Ashton], Cameron Brasher, Allison Brasher, Nicholas Brasher, Jonathan Allen, and Anna Brasher; great-grandchildren Sophie Burnett, Ella Brasher, and Lucas Brooks. In lieu of flowers, donations can be made to Vestavia Hills Methodist Church.

**Mary Koski**, (age 97), wife of retiree Bob Sisk (deceased - 2002), passed away. She was preceded in death by her parents, Malya Simpson Brown May and John A. Brown, three sisters, Margaret, Trixie, and Dotty and a brother Michael. She was also preceded in death by her first husband, Robert Carlton Sisk Sr. (Bob) and by their son Robert C. Sisk Jr. Mary is survived by her daughter, Barbara Carolyn Sisk; niece, Glynn Shackleford Gamble; numerous cousins, nieces, nephews, friends and neighbors. The family requests that memorial contributions be directed to Shades Crest Baptist Church, 452 Park Ave, Hoover, AL 35226, or your favorite charity.

**Betty Headley Latta, (Southern Company Services)**, age 88, passed away on September 8, 2023. She was preceded in death by her first husband Horace Arthur Headley and their son Arthur Stacey Headley, mother Dethel Honeycut Guy and father Arley Guy, sister Vera Roberts and niece Cindy Mendenhall, as well as her second husband Billy Latta. Betty is survived by her family, Carol M. Headley (daughter-in-law) along with Doctor Doug Cound and his wife, Virginia Leigh Cound, sisters-in-law Fay Burnette and Doris Ingram, her husband DC Ingram and

### **Betty Headley Latta – Cont'd**

their son Todd Ingram, as well as grandchildren Arthur Miles Headley, Shelby Guy Headley, Virginia Leigh Cound and John Douglas Cound, and niece Mary Krause with her husband Glen Krause and daughter Kelsey Krause. Any gifts of remembrance may be sent to Mount Pisgah Baptist Church for the advancement of God's work.

**Kenneth Hull Powers, Jr., (Southern Nuclear)**, age 73, passed away on September 28, 2023. He was preceded in death by his parents Kenneth and Frances; and his sister Kay. He is survived by his wife Tina; his sisters Martha, Karen, and Kelly; and his daughters Katie and Zoe.

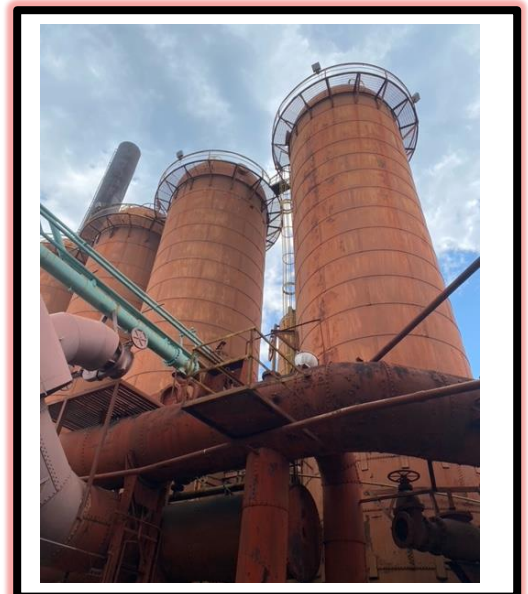
**Julanne (Julie) Kaye Vail Troha**, age 77, (widow of retiree John Troha), passed away on September 24, 2023. She was preceded in death by her parents, L.D. and Annie Grace Vail, and her husband, John Troha. Julie is survived by her sons, Brad (Jenny), of Atlanta, Georgia and Jeff (Lisa), of Hoover; two grandchildren, Emma and Jack; and her brother, Lee Vail along with numerous nieces and nephews. In lieu of flowers, please consider a donation to Glenwood, home of the Allan Cott School for Autism ([www. Glenwood.org](http://www.Glenwood.org)).

**Regina Yancy Troulias**, age 76, (wife of retiree Wayne Troulias), passed away September 8, 2023. she was preceded in death by her grandparents, Chesley Vincent Yancy and Hattie F. Aldridge Yancy, David Lucious Boshell and Ella Johnson Boshell and her parents, James Howard Yancy and Vera Eva Boshell Yancy. Regina is survived by her husband, Clyde Wayne Troulias, daughter, Veronica "Happy" Elise Troulias and her sons, Jonathan Howard Troulias and Andrew Jermar "A.J." Troulias. In lieu of flowers the family asks for donations in Regina's memory to The Mayo Clinic.

If you weren't at our September Meeting.....

.....you really missed a great speaker AND entertainment!!

Our Keynote Speaker, **Cindy Freeman** from Alabama Power Health & Well Being, spoke to us about our Insurance & Retirement Benefits and she also took questions from the audience. This was followed by "**Jay and the Elders** ", an eight piece band (which includes our very own Jim Blackman, SNC retiree and APC retiree David Cooper). They played oldies from Elvis to the Eagles. Everyone seemed to enjoy their time that day. (See pictures below and on the following pages.)



*SCS OUTSIDE*  
*November - December, 2023*



**Pictures from Our September Meeting – Cont'd**



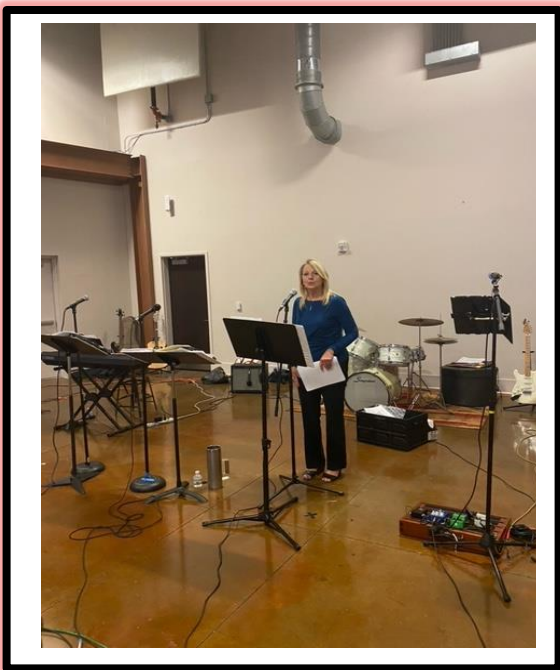
**Nick Santoro, Fellowship Committee Chair**

*SCS OUTSIDE*  
*November - December, 2023*

**Pictures from Our September Meeting – Cont'd**



**Entertainment by Jay and the Elders**



**Guest Speaker Cindy Freeman**



**Pre-Meeting Birthday Celebration  
for Treasurer Fred Ehrensperger  
(Pictured: Fred and Sharon Venz)**

**IT'S TIME FOR OUR RETIREES HOLIDAY LUNCHEON!  
PLEASE COME JOIN US!**

**MEETING DETAILS**

**DATE:** Wednesday, November 15, 2023

**WHERE:** Vestavia Hills Country Club  
400 Beaumont Drive  
Birmingham, AL 35216

**TIME:** 11:00 a.m. – 2:00 p.m.  
(sign in/social hour begins at 11:00 a.m. Seated luncheon begins at noon)



Entertainment will be provided by accomplished pianist, Nathan Lyons. Nathan is a local musician and minister, currently on staff at First Baptist Church of Birmingham. He is a graduate of Samford University, where he earned both a bachelors and master's degree in music. Nathan is married to his best friend Lindsay, and they have two children.



**Nathan Lyons**



## *RETIREE SPOTLIGHTS*



**Submitted by: Scott Fallon**

### ***Giving Back***

When I started planning for retirement from Southern Company, I started making a list of all the activities, hobbies, travels, etc. to do during retirement. During my working years, like so many others, I was working hard, raising a family, and trying to find a balance between the two. And realistically, there wasn't time left over for much else between the two. When I retired, I knew I wanted to give back to my community in some form or fashion. I really did not know what, where, how, or who. Here is the rest of the story.

One of the things I knew I wanted to do when I retired was to start exercising, so I got a bike and began riding the different trails around Birmingham. I enlisted a friend to start riding with. He needed a bike, so he found one on Facebook MarketPlace being sold by an individual who fixed up bikes, sold them and with the profits purchased bikes for children in his neighborhood. My friend bought the bike and off we went. As chance would have it, we were riding a newly expanded bike trail that ran from Railroad Park to Cahaba Brewery and we came across the individual that sold my friend his bike. He was getting bike parts from a bike shop called Trips for Kids (TFK). We went into the bike shop and found out it was part of a non-profit organization that was dedicated to providing bikes and biking experiences to children. I briefly talked with the Executive Director of the organization and asked about volunteer opportunities. His response was "there is always a need", and he welcomed any help I could provide.

I went down to the bike shop the next time it was open and started working on bikes and learning more about the organization. Wow, I was impressed from top to bottom on all the different aspects of the group. The entire organization is made up of non-paid volunteers, including the Executive Director, so all funds go to the TFK programs. As all non-profits work, fundraising is the lifeblood and TFK is unique in that they primarily take donations in the form of bikes, receiving a large variety from multiple different sources. The majority of TFK donations come from individuals and families cleaning out their garage and basements and not knowing what to do with those bikes that have been sitting there since their kids had left home or had outgrown them. It doesn't matter how good or bad the condition of the bikes are, the quality of the bike, 2 or 3 wheels, and even if it has no wheels, rust, clean, electric, road, mountain, street, color, shape, size, old, or in between, TFK takes them all. The high-quality bike shops in town will also donate bikes to us because the trade in bikes that they get often don't measure up to their standards for resale. We do have a "Secret Santa" that makes a monetary donation to the organization every year -- now you have to read to the end of this article to uncover the "Secret Santa".

The bike shop will refurbish the bikes and those that are not salvageable will be scavenged for parts and reused on other bikes. There is not much that goes to waste. One of the environmental side benefits of the work TFK does is the recycling of bikes that need major repairs and often would end up in a landfill if not for TFK. TFK donates many of these refurbished bikes directly to other organizations - Christian Service Mission, Family Guidance, AG Gaston Boys Club, Church and Civic organizations, etc. Some of the bikes are sold through the bike shop as this is a primary source of funding for TFK.

**(Cont'd on Next Page)**

**SCS OUTSIDE**  
*November - December, 2023*  
**RETIREE SPOTLIGHTS – Cont'd**



**Submitted by: Scott Fallon (Cont'd)**

TFK has other programs to benefit kids, including an Earn-a-Bike program. This program is earmarked for those children that do not have a bike. The program teaches children, in a classroom setting, the rules of the road, safety, and basic bike maintenance. At the end of the program the kids have earned a bike to keep. Another great program is the mountain bike group rides at Oak Mountain State Park. This program coordinates with other organizations - Northstar Ministries, Big Brother/Big Sister, AG Gaston Boys Club, etc. - to organize a mountain bike ride. At Oak Mountain State Park, the kids are sized with mountain bikes and safety equipment, followed by basic riding instructions, riding skills demonstrations, and practice before hitting the trails. At the end of the ride, we wrap it up by providing lunch for all.

The Executive Director asked me, along with two other volunteers at TFK, if we would like to attend a luncheon provided by one of our donors. Well to my surprise, the luncheon was in Tuscaloosa and our Secret Santa was none other than Nick and Terry Saban. Before the start of every football season, Nick's Kids Foundation has a luncheon for the many organizations throughout the state dedicated to improving the life of the youth of Alabama. It is literally hundreds of organizations and their volunteers hosted by Nick and Terry Saban, University of Alabama Football players, cheerleaders, and administrative personnel. What a great event! It occurred to me that as busy as Nick and Terry Saban are they found the time to give back to the community and in Nick Saban's remarks the one item that stood out to me was that he was most proud that many of his players go on to start similar foundations and organizations to benefit their communities. In my book, Nick Saban is the "Goat" for reasons other than winning football games.



**HOLIDAYS TO REMEMBER IN NOVEMBER AND DECEMBER**



**Veterans Day**, observed annually on **November 11**, is a tribute to military veterans who have served in the U.S. Armed Forces. Not to be confused with Memorial Day, which honors those who died while in service, Veterans Day honors all military veterans, including those still with us.



**Thanksgiving Day** is a national holiday in the United States, and Thanksgiving 2023 occurs on Thursday, **November 23**. In 1621, the Plymouth colonists and the Wampanoag shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. For more than two centuries, days of thanksgiving were celebrated by individual colonies and states. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.



**Christmas** is celebrated on **December 25** and is both a sacred religious holiday and a worldwide cultural and commercial phenomenon. For two millennia, people around the world have been observing it with traditions and practices that are both religious and secular in nature. Christians celebrate Christmas Day as the anniversary of the birth of Jesus of Nazareth. Popular customs include exchanging gifts, decorating Christmas trees, attending church, sharing meals with family and friends and, of course, waiting for Santa Claus to arrive. December 25—Christmas Day—has been a federal holiday in the United States since 1870.



Every year on **December 31** people around the world celebrate New Year's Eve, the last day of the year. It's a day to say "goodbye" to the old and "hello" to the new.

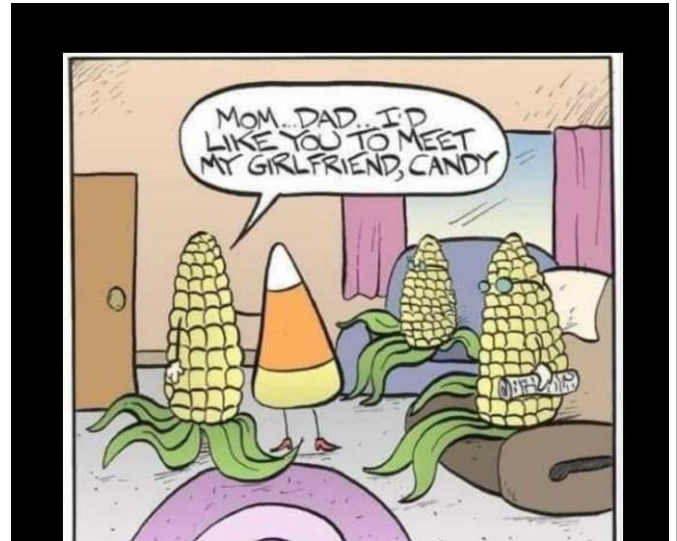
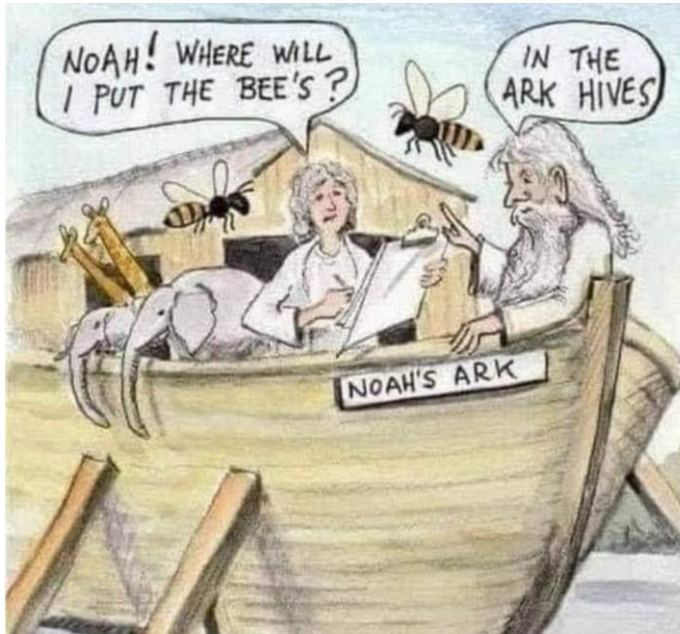




## *JUST FOR THE PUN OF IT!!*

1. The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
2. I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
3. She was only a whiskey maker, but I loved her still.
4. A rubber band pistol was confiscated from algebra class, because it was a weapon of math disruption.
5. No matter how much you push the envelope, it'll still be stationery.
6. A dog gave birth to puppies near the road and was cited for littering.
7. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
8. Two silk worms had a race. They ended up in a tie.
9. Atheism is a non-prophet organization.
10. Two hats were hanging on a hat rack in the hallway. One hat said to the other: "You stay here; I'll go on a head."
11. I wondered why the baseball kept getting bigger. Then it hit me.
12. The midget fortune-teller who escaped from prison was a small medium at large.
13. A backward poet writes inverse.
14. In a democracy it's your vote that counts. In feudalism it's your count that votes.
15. If you jumped off a bridge in Paris, you'd be in Seine .
16. A vulture boards an airplane, carrying two dead raccoons. The stewardess looks at him and says, "I'm sorry, sir, only one carrion allowed per passenger."
17. Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.
18. Two hydrogen atoms meet. One says, "I've lost my electron." The other says "Are you sure?" The first replies, "Yes, I'm positive."
- 19.. There was the person who sent ten puns to friends, with the hope that at least one of the puns would make them laugh. "No pun in ten did."

*Laughter – the BEST Medicine!!!*



I need to re-home a dog. It's a small terrier, and tends to bark a lot. If you're interested, let me know and I'll jump over my neighbor's fence and get it for you.

If one door closes and another one opens, your house is haunted and you need to run.

**The cashier told me "Strip Down Facing Me".**

**By the time I realized they meant the debit card, it was too late.**



## AND MORE LAUGHTER!!!

**We could certainly slow the aging process down if it had to work its way through Congress!!**

**- Will Rogers**

**Don't worry about avoiding temptation. As you grow older it will avoid you.**

**- Winston Churchill**

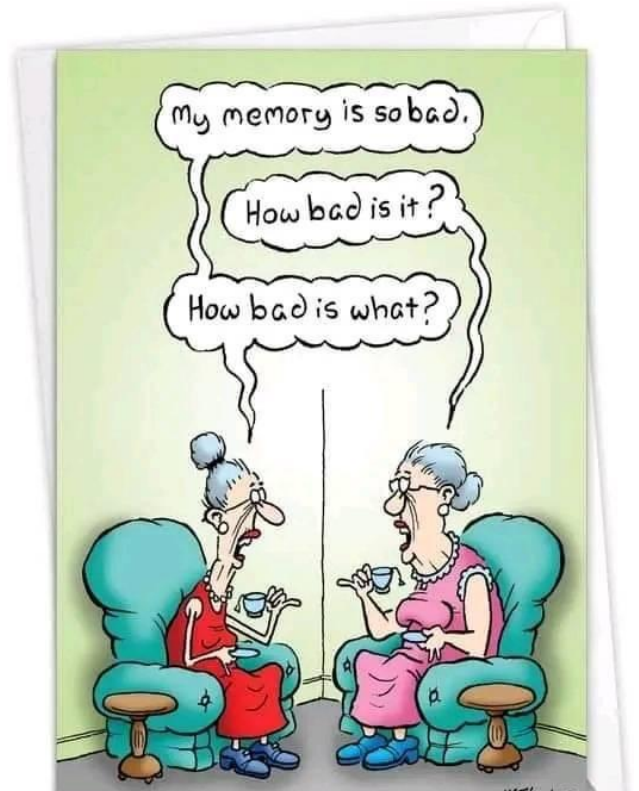
**THERES A TIME AND PLACE  
FOR DECAF COFFEE  
NEVER AND IN THE TRASH**



# AND MORE LAUGHTER!!!

## Things I'm Super Good At

1. Forgetting someone's name 10 seconds after they tell me.
2. Buying produce...and throwing it away two weeks later.
3. Digging through the trash for the food box I just tossed, because I already forgot the directions. 😞
4. Making plans. And then immediately regretting making plans.
5. Leaving laundry in the dryer until it wrinkles. Then turning on the dryer to dewrinkle. Then forgetting it again.
6. Calculating how much sleep I'll get if I can just "fall asleep right now".



## Points to Ponder

**If you put 100 black ants and 100 red ants in a jar nothing will happen.**

**BUT if you shake the jar hard, the ants will start killing each other.**

**The red ants will consider the black ants their enemies, and the black ants will consider the red ants their enemies.**

**The real enemy is the one who shakes the jar.**

**The same thing happens in human society.**

**So before we attack each other, we should think about who is shaking the jar.**

**SCS OUTSIDE**  
*November - December, 2023*

**Notes from our Officers, Committee Chairs  
and Board Members**

**WE WANT TO HEAR FROM YOU!!**

If you know of someone that is sick and doesn't object to their information being shared, please send an email to me at the following address so that we can send them a card and include them in our prayers.

**socosncretirees@gmail.com.**

Additionally, we love to hear good news!

Patsy Evans,  
Member Care



We would LOVE to hear from any of our retirees wishing to share with us how they are spending their time now that they have retired (vacations, volunteer work, family time, etc.), or any other items that they would like to share.

Please send your input to us at the following e-mail address. This newsletter is **YOUR** newsletter, and we truly appreciate all contributions.

**Rick and Charlotte Graham**  
**dricharlo@gmail.com**

**2023 Leadership**

**Officers**

President:	Ken McElroy	205-907-6011
Vice-President:	Dennis Madison	912-293-4840
Treasurer:	Fred Ehrensperger	205-715-9656
Secretary:	Rick Rice	205-266-6517

**Directors**

Jim Blackmon	205-980-9852
Fred Ehrensperger	205-715-9656
Dave Lambert	205-913-5975
Teresa McCrillis	912-293-4247
Owen Scott	205-960-4590
Dave Lisenby (Ex-Officio)	205-603-9220

**Committee Chairs**

Arrangements :	Sharon Venz	205-482-6836
	Mary Romano	205/492-6450
Audit:	Dennis Read	205-879-6617
Fellowship:	Nick Santoro	205-902-4485
Member Care	Patsy Evans	205-991-7900
Membership:	Dora Brandt	205-956-0502
Newsletter:	Charlotte & Rick Graham	205-440-7935
Nominating:	Rick Graham	205-807-1890
Programs:	Beverly Lisenby	205-701-4589
Website:	Cary Campbell	205-641-9137
E-mail	<b>socosncretirees@gmail.com</b>	